1993 Audrey Hepburn RIP on this day –she was a Belgian English actress – born - 4 May 1929 – 20 January 1993). Our Tommy in the Sacristy met her when she visited Dublin in her heyday ! I used this this morning at the 0930 mass - worth thinking about and applies to men as well ! When she was asked to reveal her beauty secrets, actress Audrey Hepburn wrote this poem, which was read at her funeral:

The Beauty of a Woman

To have attractive lips, pronounce words of kindness.
To have beautiful eyes, look at what beautiful people have in them.
To stay thin, share your meals with those who are hungry.
To have beautiful hair, let a child pass his hand every day.
To have a beautiful maintenance,
walk knowing that you are never alone,
because those who love you and loved you accompany you.
People, more than objects, need to be repaired, tended, revived, claimed and saved:
never reject anyone.
Think about it: if one day you need a hand helping,
you will find one at the end of each of your arms.
As you get older, you will realize that you have two hands,
one to help yourself, the other to help those who need it.
The Beauty of a woman is not in the clothes she wears, her face or her way of fixing her hair.
The Beauty of a woman is seen in her eyes, for it is the open door on her heart,
the source of her love.
The Beauty of a woman is not in her makeup, but in the true beauty of her soul.
It is the tenderness that she gives, love, passion it expresses.
The Beauty of a woman develops with the years.